

ONE STEP AT A TIME



It's never too early to start thinking about your future career. In fact, the earlier you start on Your Career Journey, the more confident you'll feel when it comes to making applications towards the end of your studies.

This poster has been produced to guide you through some of the great development opportunities at York.

Put it on your wall, follow the prompts and record your achievements. You might be surprised to see how each small step strengthens both your confidence and your employability.

Fully accessible version available online at york.ac.uk/career-journey.



Come and see us.
During semesters
we are open:

10am to 3pm,
Monday to Thursday.

Vacation opening
times may vary.

01904 322685
www.york.ac.uk/careers

@UoYCareers

Contact us



What's on



Careers and
Placements



YOUR CAREER JOURNEY



WITH YOU EVERY STEP OF THE WAY

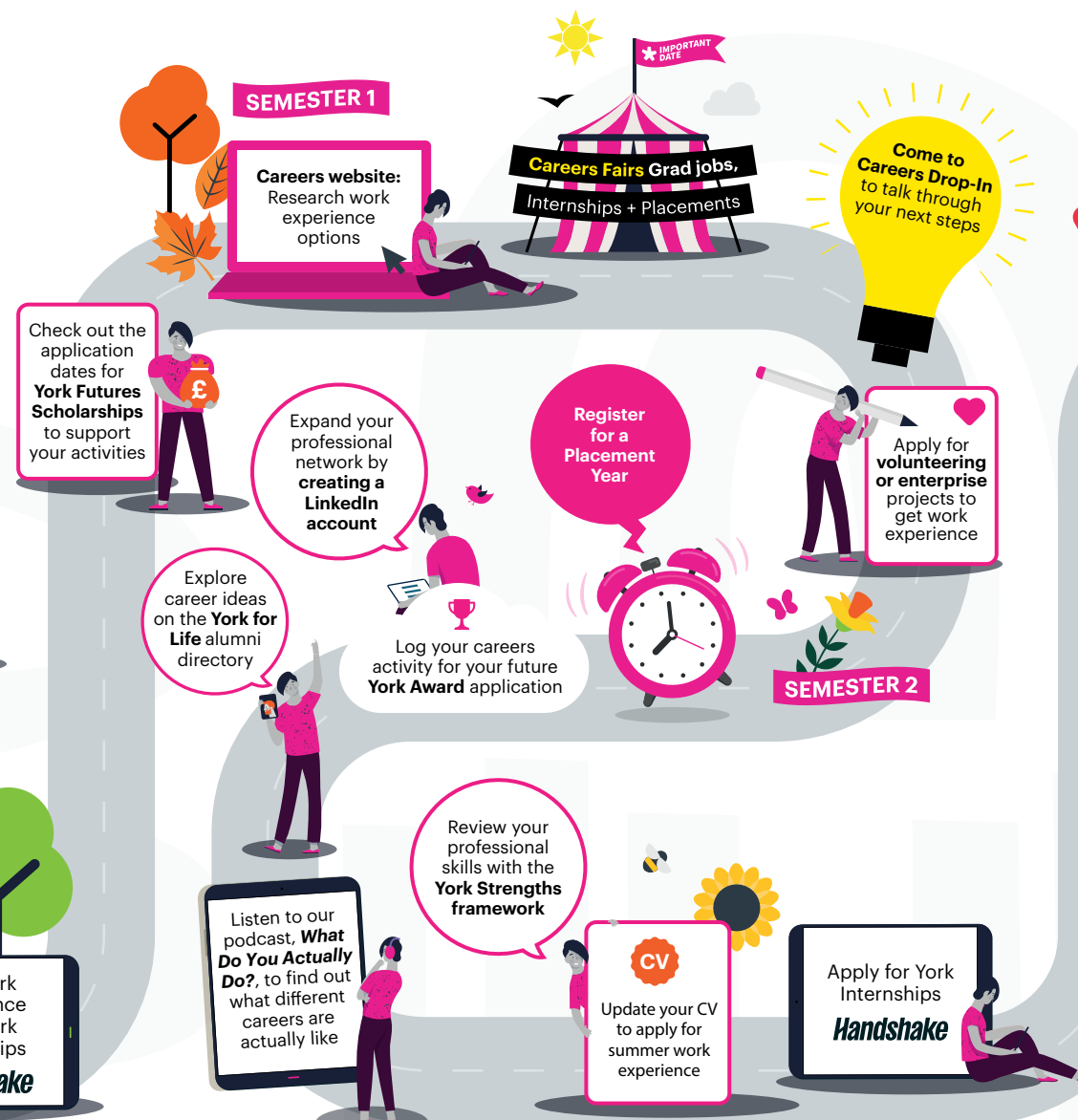
FIRST YEAR

Be open to possibilities and find out what motivates you



SECOND YEAR

Use what you know about yourself to gain relevant work experience



FINAL YEAR

Make good quality applications for graduate work or further study



By the end of your first year you'll

- ☒ Have activated your Handshake account to access careers events, appointments and part time jobs.
- ☒ Have begun to explore and develop your professional skills.
- ☒ Have started to think about your options.
- ☒ Have started to gain experiences through volunteering, internships, enterprise, employer challenges or student committees.
- ☒ Have reviewed your CV through CareerSet.

How to do it

- uoy.joinhandshake.com
- york.ac.uk/students/skills-hub
- york.ac.uk/careers/options
- york.ac.uk/careers/skills
- york.ac.uk/careers/applications

By the end of your second / penultimate year you'll

- ☒ Have accessed careers sessions to help manage your career development.
- ☒ Have sought more work experience through internships, volunteering, enterprise or placement year.
- ☒ Have updated and tailored your CV through CareerSet.
- ☒ Have updated your Handshake profile to connect with employers.
- ☒ Have practised your interview technique through Shortlist.Me.

How to do it

- york.ac.uk/careers/events
- york.ac.uk/careers/skills
- york.ac.uk/placementyear
- careerset.io/york
- uoy.joinhandshake.com
- york.ac.uk/careers/applications

By the end of your final year you'll

- ☒ Feel positive about the future as a York graduate.
- ☒ Have an understanding of recruitment processes and how to succeed at each stage.
- ☒ Have applied for the York Award.
- ☒ Be actively applying for graduate jobs or future study.
- ☒ Have utilised your Handshake profile to apply for graduate jobs.

How to do it

- york.ac.uk/alumni
- york.ac.uk/careers/applications
- york.ac.uk/york-award
- york.ac.uk/careers/work
- york.ac.uk/careers/study
- uoy.joinhandshake.com